Week of March 18, 2019

School Happenings

**OPEN HOUSE DATE:**
Liberty Academy
March 19th @ 6:00

**STUDENT— LED**
Parent Conferences
March 20th, 21st & 22nd

These will be half days.

**NO CHILD CARE AVAILABLE**
March 20th (1/2 Day)
On March 20th there will be NO Child Care available at all campuses. All students need to be picked up right after school.

**STUDENT BUSINESS FAIR... March 21st**

Join us for an all student-run business fair! Come shop! Food and fun for the Whole Family!!! 11:45—2:00 p.m. at the Junior Academy
(This is a half day)
See the attached flyer for more info.

4th Grade Art Auction...
Friday, March 22nd 6:00—8:00 p.m.
Liberty Academy Gymnasium

Come join us for a fun family evening that includes dessert, artwork, and a fabulous live and silent auction!
All grades are welcome! See the attached flyer to order your tickets.

**LFCS Registration TOURS** in March
PA—Tuesday’s
LA—Wednesday’s
JA—Thursday’s
All tours will be at 1:30 p.m.

Registration Dates:
Kindergarten— March 4th – April 1st
(Incoming Kinders must enroll even if they are a sibling)
1st – 12th Grade – April 8th– May 3rd
Lottery - May 21st @ Liberty @ 4:30

**Year Book Sales**
Order your yearbook today!
www.yearbookforever.com
or
Buy one in the Office
K-3rd - $20.00
4th – 8th - $28.00
Prices go up on April 1st.
Uniform Class Winners

PA:
- Amorteguy (AM & PM)
- Ledford (1st)
- Montes (1st)
- Ochoa (1st)
- Bean (2nd)
- Van Fossen (2nd)
- London (3rd)
- Gantes (3rd)

LA:
- Erwin (Am & PM)
- Powell (1st)
- Byrd (1st)
- Glaser (2nd)
- Console (3rd)
- Hull (3rd)
- Warner (6th)

JA:
- Bolger (4th)
- Sarns (5th)
- Curry (6th)
- Enos (7th)

Way to go kids!

February Outstanding Character Traits for HONESTY/LOVE

**Liberty Academy**
- Collins (AM)
- Matthew Talko
- Erwin (AM)
- Deandre Noah
- Luke Forman
- Angie Avalos
- Lyndie Sebela
- Elizibeth Juarez
- Castagnola (2nd)
- Leys Al Obaidi
- Robella Joka
- Justin Forral
- Contreas (3rd)
- Addalynn Voss
- Beyer (AM)
- Sawyer Fox
- Janaya Parks
- Jackson Jesperson
- Ashley Dawood
- Kaitlin Toomey
- Beatrice Robinson
- Brandon Edwards
- Stella Woodson
- Leylah Ali
- Patricia Hernez
- Kaydence Perry
- Jacob Sanchez
- Cora Thiessen
- Bodie Balko
- Leysa Seepo

**Primary Academy**
- Amorteguy (AM)
- Katherine Valentinez
- Sawyer Fox
- Janaya Parks
- Jackson Jesperson
- Ashley Dawood
- Kaitlin Toomey
- Beatrice Robinson
- Brandon Edwards
- Stella Woodson
- Leylah Ali
- Patricia Hernez
- Kaydence Perry
- Jacob Sanchez
- Cora Thiessen
- Bodie Balko
- Gantes (3rd)

**Junior Academy**
- Allen (4th)
- Maryam Qajar
- Bando (4th)
- Isabella Theweny
- Eliana O’Neal
- Hanah Zamora
- Alejandra Munoz
- Josh Ballesteros
- Matha Ramzi
- Victoria Appelquist
- Allison Degan
- Manuel Haylani
- Emily Leon-Guerrero
- Gerardo Zaragoza
- Sarah Audish
- Trevor Voss
- Kiana Anderson
- Melisa Jimenez
- Karina Aslewa
- Trevor Voss

**AFTER SCHOOL EVENTS:**
- **LIBERTY ACADEMY:**
  - MONDAY
  - HEARTLIGHT CHOIR
  - JA Students welcomed
  - GOLF SQUAD
  - TUESDAY
  - MAD SCIENCE

- **PRIMARY ACADEMY:**
  - MONDAY
  - Sing and Speak SPANISH
  - TUESDAY
  - KEYBOARD
  - THURSDAY
  - HEARTLIGHT
  - MAD SCIENCE

- **JUNIOR ACADEMY:**
  - WEDNESDAY
  - GUITAR & UKULELE
  - THURSDAY
  - KEYBOARD
  - HIGHER GROUND (6TH-8TH)
MOTHER SON SPORTS NIGHT!
FRIDAY, APRIL 5TH 2019
6-8PM
$20 PER MOTHER/SON
$5 EACH ADDITIONAL SON

LIBERTY ACADEMY GYM
698 WEST MAIN STREET
EL CAJON, CA 92020

FUN ITEMS FOR SALE
BRING CASH!!!
PTLC CARDHOLDERS GET A FREE ITEM!

<table>
<thead>
<tr>
<th>STUDENT NAME(S)</th>
<th>CAMPUS</th>
<th>GRADE</th>
<th>TEACHER</th>
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<td>1.</td>
<td>PA</td>
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PARENT NAME: ___________________________  PARENT PHONE NUMBER: ___________________________

NUMBER OF TICKETS: _______ X $20
(INCLUDES ONE MOM & ONE SON)
ADDITIONAL SONS: _______ X $5

TOTAL AMOUNT ENCLOSED: _______ (CASH OR CHECK # _______)

WEAR YOUR FAVORITE TEAM'S JERSEY OR COLORS!
GAMES DANCING FOOD
# Literacy First Charter School
## Lunch

### Monday
1. **A.** Chicken Smackers and fries  
   Or  
   B. Tuna Sandwich  
   Lettuce Cup w/ dressing  
   Apple/Juice/Milk

### Tuesday
2. **A.** Hot Dog w/ Tater Tots  
   Or  
   B. Bean and Cheese Burrito  
   3 Bean Salad  
   Broccoli Florets w/ dip  
   Mixed Fruit/Juice/Milk

### Wednesday
3. **A.** Pepperoni Pizza  
   Or  
   B. Cheese Pizza  
   Celery Sticks  
   Banana/Juice/Milk

### Thursday
4. **A.** Chix Tenders w/ Mac n Chz  
   Or  
   B. Veggie Bagel  
   Hot Corn  
   Carroteenies w/ dip  
   Orange/Juice/Milk

### Friday
5. **Minimum Day Sack Lunch**  
   PB & J Sandwich  
   Carroteenies  
   Apple/Juice/Milk

### Monday
8. **A.** Mini Chicken Corn Dogs w/  
   Mac n Cheese  
   Or  
   B. Tuna Sandwich  
   Carroteenies w/ dip  
   Apple/Juice/Milk

### Tuesday
9. **A.** Crispy Chicken Sandwich w/  
   chips  
   Or  
   B. California Veggie Burger  
   Lettuce Cup w/ dip  
   Mixed Fruit/Juice/Milk

### Wednesday
10. **A.** Chicken Ranch Calzone  
    Or  
    B. Five Cheese Calzone  
    Broccoli Florets w/ Dip  
    Celery Sticks  
    Banana/Juice/Milk

### Thursday
11. **A.** Chicken and Waffles  
    Or  
    B. Veggie Bagel  
    Hot Corn  
    Cucumber Slices w/ dip  
    Orange/Juice/Milk

### Friday
12. **A.** California Burrito  
    Or  
    B. PB & J Sandwich  
    Refried Beans  
    Carroteenies w/ dip  
    Peaches/Juice/Milk

### Monday
15. **A.** Meatball Calzone  
    Or  
    B. Cheese Pizza  
    Carroteenies w/ Dip  
    Apple/Juice/Milk

### Tuesday
16. **A.** Chicken Ranch Calzone  
    Or  
    B. Garden Salad (meatless)  
    Carroteenies w/ Dip  
    Orange/Juice/Milk

### Wednesday
17. **A.** Pepperoni Pizza  
    Or  
    B. Veggie Pizza  
    Carroteenies w/ Dip  
    Apple/Juice/Milk

### Thursday
18. **A.** Cheese Pizza  
    Or  
    B. Anti-Pasta Salad  
    Carroteenies w/ Dip  
    Orange/Juice/Milk

### Friday
19. **Easter Break**

### Monday
22. **A.** Brunch for Lunch  
    Or  
    B. PB& J Sandwich  
    Carroteenies w/ dip  
    Apple/Juice/Milk

### Tuesday
23. **A.** California Burger  
    Or  
    B. Bean and Cheese Pupusa  
    Lettuce Cup w/ Dressing  
    Mixed Fruit/Juice/Milk

### Wednesday
24. **A.** Chix Tenders w/ Mac n Chz  
    Or  
    B. Veggie Bagel  
    Hot Corn  
    Carroteenies w/ dip  
    Orange/Juice/Milk

### Thursday
25. **A.** Chix Tenders w/ Mac n Chz  
    Or  
    B. Veggie Bagel  
    Hot Corn  
    Carroteenies w/ dip  
    Orange/Juice/Milk

### Friday
26. **Easter Break**

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**Warning:** Our school food facilities offer products with peanuts, tree nuts, soy, milk, eggs, and wheat. For students with food allergies, we offer a variety of foods which are intended to be free of these ingredients. While we take steps to minimize the risk of cross contamination, we cannot guarantee that any of our products are safe to consumers with peanut, tree nut, soy, milk, egg, or wheat allergies. Consumers with severe allergies should consume food items with caution.

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**April 2019**
2019 L.F.C.S. Art Show & Auction

4th Grade Portraits of an Artist

Friday, March 22nd
6:00–8:00 p.m.
Liberty Academy Gymnasium

Join us for a fun, family evening that includes dessert, artwork, and a fabulous live and silent auction! All grades are welcome! Bring family & friends!

6:00—Doors Open
6:00–7:00—Dessert, Art Show, & Silent Auction
7:00—Live Auction

Preorder tickets to save money and avoid lines at the door!
(Ticket prices increase to $5 per person the night of.)

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Student Name: __________________________________________
Teacher: __________________________________________

Dessert included in the price of admission!
Children under the age of 3 are free!

Family 4 Pack $15
Quantity: ___________ $ Total: ___________

Additional Tickets $4
Quantity: ___________ $ Total: ___________

Total Tickets: ___________ $ Total: ___________

Please remember to bring your tickets to the Art Auction!
**PE Standards of the month**

**K–3rd:**
- 1.15 Bounce a ball continuously, using two hands
- 1.13 Hand dribbling a ball continuously around obstacles
- 2.14 Differentiate the effects of varying arm and hand speeds when hand dribbling a ball

**4-6th:**
- 1.17 Keep a hand dribbled ball away from a defensive partner
- 3.4 Perform increasing numbers of: pushups and curl ups
- 2.9 Identify opportunities to pass or dribble when being guarded

**7th-8th:**
- 1. Demonstrate mature techniques for dribbling by hand
- 2. Identify and describe the key elements for dribbling by hand
- 2.4 Explain and demonstrate spin and rebound principles
- 2.6 Diagram and demonstrate basic offensive and defensive strategies
- 3. Assess one’s own muscle strength, muscle endurance, aerobic capacity, flexibility, and body composition by using a scientifically based health-related fitness assessment.

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**How a Growing Number of States are Hoping to Improve Kid’s Brains: EXERCISE**

Physical Fitness has been definitively tied to improved academic achievement and schools are starting to take notice. “Effects are actually found in the brain. We find higher fit kids have differential brain function than lower fit kids. The prefrontal cortex and the hippocampus of physically fit children are better developed than those of less fit children. These two brain structures control many of the abilities that lead to higher academic achievement.” Please take time to read the rest of this article. http://hechingerreport.org/growing-number-states-hoping-improve-kids-brains-exercise/

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**Liberty**

Kindergarten:
- Erwin AM: Carter Naranjo
- Erwin PM: Jenefar Alkhawri
- Johansen: Annabelle Ramos-Wilson

1st Grade:
- Byrd: Dylan Rhoads
- Prout: Titus Reese
- Powell: Marcella Daud

2nd Grade:
- Glaser: Jorian Zengilou
- Castangola: Ryan Toma
- Stackhouse: Vanessa Madalou

3rd Grade:
- Hull: Selena Alyas
- Contreras: Perla Naami
- Console: Alyssa Ruiz

4th Grade:
- Haas: Logan Hays
- Wahl: Trevor Rose

5th Grade:
- Woods: Johnathan Uhaneh
- Sanders: Jennifer Matti

6th Grade: Anaya Mascari
- Drake Keehl
Art Criticism
K: Rockwell  1: Rousseau
2: Matisse  3: Picasso 4: Gehry/Gaudi
5: Van Gogh 6: Romanticism 7/8: Walt Disney

Art Concepts
K: farm/Printmaking
1: using pastels  2: Mood with color/shape/line
3: Profiles/portraits/proportion  4: self-expression
5-6: Value/ texture 7-8 Animation/Radial Design

Music
—2nd graders are working on quarter note, eighth note, and quarter rest rhythms.
—3rd grade students are beginning their unit on learning to play a recorder. They are very excited about this.
—4th-6th grade students are learning about the artistic perception as they read and perform multiple parts of music as a group. Also, they are continuing to explore the Baroque Period of music through the Brandenburg Concerto by Bach.

Library
K-3 is currently learning about using the internet as a resource and how the internet works.
4th grade is learning about how to use encyclopedias.

Help Wanted
We currently have a need for library volunteers at Liberty Academy on Monday and Wednesday mornings from 8am-9am. Please contact Miss Harrell if you are available:
tammy.harrell@lfcsinc.org

P.E. All-Stars
Primary
Kindergarten:
Amorteguy AM: Jonathan Marks
Amorteguy PM: Carlos Mikha
Beyer AM: Wyatt Smith
Beyer PM: Evelyn Moushi
1st Grade:
Senterfitt: Treyson Wilkinson
Ledford: Juliet Schellenberg
Ochoa: Garrett Weaver
Montes: Alexander Nano
2nd Grade:
Gillespie: Tinsley Bement
VanFossen: Anelia Yalda
Bean: Carter Scalone
Clarno: Daniel Escalante
3rd Grade:
Reber: Malekai Dillon
London: Ethan Naegeli
Barber: Bodie Balko
Gantes: Adriana Yakoub

Junior Academy
4th Grade:
Bolger: Stella Jemeel
Bando: Felicity Schendel
Allen: Christian Barhoo
5th Grade:
Sarns: Mya Snider
Martin: Rebeca Soto
London: Austin Shaba
6th Grade:
Curry: Maryam Zuhair
Lansford: Valeria Perez
Wahl: Kathia Kakoz

4th Grade Art Auction is this Friday, March 22nd!
There are so many great things to bid on! Tickets to enter can be bought ahead of time for $4 or at the door for $5.

Created by your Specialties Team:
Coach Rymsza, Coach Pepin, Miss Harrell, Coach Fratacci, Coach Sandusky, Mrs. Henschel, and Mrs. Van-Nortwick