**Week of April 15, 2019**

**School Happenings**

**April 16**  
7th Grade Science Fair

**April 18**  
PA Spring Program

**April 19—April 26**  
Easter Break

**April 29**  
School Resumes

**May 2**  
6th Grade Inno-Vention Night

**May 3**  
1/2 Day

**May 4**  
Uniform Exchange

**May 9**  
JA Mother’s Day Tea

**May 10**  
LA & PA Mother’s Day Tea

**May 17**  
1/2 Day

**May 17**  
Kinder Spring Program

**May 24—May 28**  
Spring Break

**May 29**  
School Resumes

**May 30-31**  
4th Grade Sacramento Trip

---

**Easter Break**  
April 19th—April 26th  
School will resume on Monday, April 29th.

**Uniform Exchange**  
May 4th at the Liberty Campus Hangar from 8:30 a.m. to 9:30 a.m.  
will be our Uniform Exchange.  
Please email jen.burr@lfcsinc.org to help volunteer.

**MOTHER’S DAY TEA**  
**May 9th (Thursday)** will be the Mother’s Day Tea for the Junior Academy.  
**May 10th (Friday)** will be the Mother’s Day Tea for the Primary Academy & Liberty Academy.  
Please come and join your child in their classroom for some Mother’s Day goodies from 7:30 to 8:15 before school.

**Spring Break**  
Our Spring Break will be May 24th—May 28th.  
School will resume on Wednesday, May 29th.

---

**LFCS Registration**

**Registration Dates:**  
1st – 12th Grade – April 8th—May 3rd  
(Kindergarten Registration is closed)

**Lottery** - May 21st @ Liberty @ 4:30

---

**Year Book Sales**

Order your yearbook today!  
www.yearbookforever.com  
or Buy one in the Office  
K-3rd - $22.00  
4th – 8th - $30.00  
Prices go up on June 5th.
Uniform Class Winners

**PA:**
Amorteguy (AM & PM)
Beyer (AM & PM)
Ledford (1st)
Montes (1st)
Ochoa (1st)
Senterfitt (1st)
Bean (2nd)
Clarno (2nd)
Van Fossen (2nd)
London (3rd)
Gantes (3rd)
Reber (3rd)

**LA:**
Erwin (Am & PM)
Powell (1st)
Byrd (1st)
Glaser (2nd)
Console (3rd)
Hull (3rd)
Warner (6th)

**JA:**
Bolger (4th)
Sarns (5th)
Curry (6th)
O’Brien (7th)

Way to go kids!

March Outstanding Character Traits for

**FAIRNESS**

<table>
<thead>
<tr>
<th>Liberty Academy</th>
<th>Primary Academy</th>
<th>Junior Academy</th>
</tr>
</thead>
<tbody>
<tr>
<td>Johansen (AM)</td>
<td>Amorteguy (AM)</td>
<td>Allen (4th)</td>
</tr>
<tr>
<td>Mikayla Raheem</td>
<td>Wyatt Flinn</td>
<td>Andrey Bautista</td>
</tr>
<tr>
<td>Erwin (AM)</td>
<td>Amorteguy (PM)</td>
<td>Bando (4th)</td>
</tr>
<tr>
<td>Carter Naranjo</td>
<td>Kilian Thiessen</td>
<td>Celine Suleyman</td>
</tr>
<tr>
<td>Erwin (PM)</td>
<td>Beyer (AM)</td>
<td>Bolger (4th)</td>
</tr>
<tr>
<td>Sofia VanAtta</td>
<td>Jude Hart</td>
<td>Felicity Schendel</td>
</tr>
<tr>
<td>Byrd (1st)</td>
<td>Beyer (PM)</td>
<td>London (5th)</td>
</tr>
<tr>
<td>Joshua Gonzales</td>
<td>Joyce Zori</td>
<td>Austin Shaba</td>
</tr>
<tr>
<td>Proust (1st)</td>
<td>Montes (1st)</td>
<td>Marsen (5th)</td>
</tr>
<tr>
<td>Katriel Katto</td>
<td>Micah Buxton</td>
<td>Brayden Schroeder</td>
</tr>
<tr>
<td>Powell (1st)</td>
<td>Ledford (1st)</td>
<td>Sarns (5th)</td>
</tr>
<tr>
<td>Kenedee Dunbar</td>
<td>Ransom Jones</td>
<td>Nathan Shammaas</td>
</tr>
<tr>
<td>Castognola (2nd)</td>
<td>Ochoa (1st)</td>
<td>Curry (6th)</td>
</tr>
<tr>
<td>Berlin Kerney</td>
<td>Carmen Hikman</td>
<td>Nate Hofheinz</td>
</tr>
<tr>
<td>Stackhouse (2nd)</td>
<td>Senterfitt (1st)</td>
<td>Landford (6th)</td>
</tr>
<tr>
<td>Sergio Juarez</td>
<td>Maria Jabbour</td>
<td>Jaren Klinert</td>
</tr>
<tr>
<td>Glaser (2nd)</td>
<td>Bean (2nd)</td>
<td>Wahl (6th)</td>
</tr>
<tr>
<td>Sarah Espinoza Meza</td>
<td>Jahleele Diaz-Herrera</td>
<td>John Hana</td>
</tr>
<tr>
<td>Contreras (3rd)</td>
<td>Clarno (2nd)</td>
<td>Bradley (7th)</td>
</tr>
<tr>
<td>Edwyn Vargas</td>
<td>Noah Nevin</td>
<td>Meriam Jalal</td>
</tr>
<tr>
<td>Console (3rd)</td>
<td>Van Fossen (2nd)</td>
<td>Enos (7th)</td>
</tr>
<tr>
<td>Cristian Perez</td>
<td>Myron Ganni</td>
<td>Gabriella Napoli</td>
</tr>
<tr>
<td>Hull (3rd)</td>
<td>Gillespie (2nd)</td>
<td>O’Brien (7th)</td>
</tr>
<tr>
<td>Sam Burton</td>
<td>Tinsley BeMent</td>
<td>Wendy Matte</td>
</tr>
<tr>
<td>Wahl (4th)</td>
<td>Reber (3rd)</td>
<td>Blair (7th)</td>
</tr>
<tr>
<td>Micah Howard</td>
<td>Zack Aziz</td>
<td>Savannah Walsh</td>
</tr>
<tr>
<td>Haas (4th)</td>
<td>London (3rd)</td>
<td>Perez (7th)</td>
</tr>
<tr>
<td>Ghina Almshat</td>
<td>Mathew Zaia</td>
<td>Bella Erwin</td>
</tr>
<tr>
<td>Sanders (5th)</td>
<td>Barber (3rd)</td>
<td>Simoneau (8th)</td>
</tr>
<tr>
<td>Luke Gapen</td>
<td>Micah Burmeister</td>
<td>Devin Houts</td>
</tr>
<tr>
<td>Woods (5th)</td>
<td>Gantes (3rd)</td>
<td>Merica-Jones (8th)</td>
</tr>
<tr>
<td>Madison Larson</td>
<td>Adam Byrd</td>
<td>Ryan Collins</td>
</tr>
<tr>
<td>Dorsey (6th)</td>
<td></td>
<td>Purvis (8th)</td>
</tr>
<tr>
<td>Isabella Singh</td>
<td></td>
<td>Petrina Ng</td>
</tr>
<tr>
<td>Warner (6th)</td>
<td></td>
<td>Tremontozzi (8th)</td>
</tr>
<tr>
<td>Launa VanHandel</td>
<td></td>
<td>Yousif Basheer</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Jappe (8th)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Maryam Tobya</td>
</tr>
</tbody>
</table>
Fitness testing time! We are focusing on the following standards:

**K-1st**: 3.8 Identify and use two indicators of increased capacity for vigorous physical activity to measure a change in activity levels.

**2nd-3rd**: 4.9 Describe how muscle strength and muscle endurance enhance motor skill performance.

**4th-6th**: 1.9 Combine relationships, levels, speed, direction, and pathways in complex individual and group activities.

**7th-8th**: 5.7 Model support toward individuals of all ability levels and encourage others to be supportive and inclusive of all individuals.

**ATTENTION ALL PARENTS:** Your child are completing the FitnessGram test in their Physical Education class this month. We are pleased to say that last year’s scores were phenomenal! Students have already set personal and class goals to reach. Students have gone over the scores they need to meet and are ready to perform all the tests. Please encourage your child to drink a lot of water, sleep well, and continue to work hard on their fitness! If you have any questions please contact your child’s P.E. teacher. Keep up the good work and remember to Play60 everyday!

**Physical Fitness Testing (PFT)**

The *FITNESSGRAM*® is composed of the following six fitness areas, with a number of test options provided for most areas:

<table>
<thead>
<tr>
<th>Aerobic Capacity</th>
<th>Flexibility</th>
<th>Upper Body Strength and Endurance</th>
</tr>
</thead>
<tbody>
<tr>
<td>PACER (Progressive Aerobic Cardiovascular Endurance Run)</td>
<td>Back-Saver Sit and Reach</td>
<td>Push-up</td>
</tr>
<tr>
<td>* One-Mile Run/Walk Test (only for ages 13 or older)</td>
<td>* Shoulder Stretch</td>
<td>* Modified Pull-Up</td>
</tr>
<tr>
<td>Trunk Extensor Strength and Flexibility</td>
<td>Body Composition</td>
<td>Abdominal Strength and Endurance</td>
</tr>
<tr>
<td>* Trunk Lift</td>
<td>* Body Mass Index (height/weight)</td>
<td>* Curl-Up</td>
</tr>
</tbody>
</table>
Music
2nd: rhythm explorations using rhythm sticks
3rd: playing an instrument (recorders) and reading notes
4th-6th:
♦ exploration of classical music and composers while connecting it to the historical context of the American Revolution
♦ Learned to sing a song in Swahili
♦ Compared musical styles of two cultures: Ireland and Africa

Primary
Kindergarten:
Amorteguy AM: Valeria Prieto
Amorteguy PM: Mary Razooqy
Beyer AM: Andrea Escalante
Beyer PM: Fadi Gappy
1st Grade:
Senterfitt: Maddie Jordan
Ledford: Giancarlo Flores
Ochoa: Perla Shamoon
Montes: Maryam Ammanual
2nd Grade:
Gillespie: Alden Yonan
VanFossen: Manuel Hana
Bean: Nataly Moushi
Clarino: Marvena Marrou
3rd Grade:
Reber: Noemi Luzuriaga
London: Chanel Akka
Barber: Delicia Saad
Gantes: Dylan Schellenberg

Junior Academy
4th Grade:
Bolger: Robert Pungi
Bando: Sabeena Korkes
Allen: Cambrey Belasco
5th Grade:
Sarns: Neema Suberu
Martin: Hudson Heinrichs
London: Rowan Alasady
6th Grade:
Curry: Arianna Duchene
Lansford: Grisez Pheasant
Wahl: Brody Harris

Art Concepts
K: Form
1: symmetry/balance
2: Printmaking
3: Paper Mache masks
4: Weaving (LA)
5: Limner Portraits
6: Symmetry/Color
7: Pointillism
8: Using Oil Pastels

Art Criticism
K: Disney
1: Louis Armstrong
2: Gutenberg, Warhol
3: nonwestern masks
4: nonwestern textiles
5: Colonial Limners
6: Impressionism
7: Seurat
8: O’ Keeffe

Library
K: Springtime Books
1: Using books to find information
2: Using Resources Creatively
3-4: How Information is Organized
5-6: Newbery Medals

Art Criticism
K: Disney
1: Louis Armstrong
2: Gutenberg, Warhol
3: nonwestern masks
4: nonwestern textiles
5: Colonial Limners
6: Impressionism
7: Seurat
8: O’ Keeffe

Created by your Specialties Team:
Coach Rymsza, Coach Pepin, Coach Sandusky, Miss Harrell, Coach Fratacci, Mrs. VanNortwick, and Mrs. Henschel
<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Chicken Smackers and Fries Or B. Chicken Caesar Salad Carroteens w/ dip Mixed Fruit/ Juice/Milk</td>
<td>A. Hot Dog w/ Tater Tots Or B. Taco Salad Lettuce Cup w/ dressing Apple/ Juice/Milk</td>
<td>A. Pepperoni Pizza Or B. Turkey Sandwich w/ chips Carroteens w/ Dip Broccoli Florets w/ Dip Banana/ Juice/Milk</td>
<td>A. Crispy Chicken Sandwich Or B. Bean &amp; Cheese Burrito Hot Corn Pinto Beans Orange/ Juice/Milk</td>
<td>Minimum Day Sack Lunch PB &amp; J Sandwich Carroteens Apple/ Juice/Milk</td>
</tr>
<tr>
<td>A. Mini Chicken Corn Dogs w/ Mac n Cheese Or B. Veggie Bagel Carroteens w/ dip Mixed Fruit/ Juice/Milk</td>
<td>A. Chicken Drumstick w/ fries Or B. California Veggie Burger Pinto Beans Lettuce Cup w/ Dressing Apple/ Juice/Milk</td>
<td>A. Chicken Ranch Calzone Or B. Five Cheese Calzone Celery Sticks Banana/ Juice/Milk</td>
<td>A. Chicken Tenders w/ Mac n Cheese Or B. Veggie Bagel Hot Corn &amp; Cucumber Slices Orange/ Juice/Milk</td>
<td>A. California Burrito Or B. Tuna Sandwich Refried Beans Carroteens w/ dip Peaches/ Juice/Milk</td>
</tr>
<tr>
<td>A. Brunch for Lunch Or B. Chicken Caesar Salad Carroteens w/ dip Mixed Fruit/ Juice/Milk</td>
<td>A. Penne Pasta w/ Meat Sauce Or B. Taco Salad 3 Bean Salad Hot Corn Orange/ Juice/Milk</td>
<td>A. Pepperoni Pizza Or B. Turkey Sandwich w/ Chips Jicama Sticks w/ Dip Carroteens w/ Dip Apple/ Juice/Milk</td>
<td>A. Chicken and Waffles Or B. Chicken Ranch Salad Hot Corn &amp; Cucumber Slices Orange/ Juice/Milk</td>
<td>Minimum Day Sack Lunch PB &amp; J Sandwich Carroteens Apple/ Juice/Milk</td>
</tr>
<tr>
<td>Memorial Day No School</td>
<td>No School</td>
<td>No School</td>
<td>No School</td>
<td>No School</td>
</tr>
</tbody>
</table>

Warning: Our school food facilities offer products with peanuts, tree nuts, soy, milk, eggs, and wheat. For students with food allergies, we offer a variety of foods which are intended to be free of these ingredients. While we take steps to minimize the risk of cross contamination, we cannot guarantee that any of our products are safe to consumers with peanut, tree nut, soy, milk, egg, or wheat allergies. Consumers with severe allergies should consume food items with...