# Literacy First Charter Schools
## Lunch Menu

**November 2019**  
$3.25 per Lunch

<table>
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<th>Monday</th>
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</table>
| Cheeseburger  
or  
Chicken Caesar Salad  
Carroteenies w/dip  
Mixed Fruit  
Juice  
Milk | Bean and Cheese Burrito  
or  
Taco Salad  
Corn Salad  
Cucumber Slices w/dip  
Fresh Apple  
Juice/Milk | Chicken Ranch Calzone  
Turkey Sub Sandwich Box  
Romaine Salad  
Carroteenies w/dip  
Banana  
Juice  
Milk | Fajita Chicken Avocado Wrap  
or  
Chicken smackers and fries  
Pinto Beans  
Broccoli Florets w/dip  
Orange  
Juice/Milk | Fall Break |

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</table>
| Oven Fried Chicken w/ tator tos  
or  
Chicken Pita Sandwich  
Cucumber Slices w/dip  
Corn Salad  
Fresh Apple/Juice/Milk | Pepperoni Pizza  
Veggie Bagel Sandwich  
Romaine Salad  
Carroteenies w/dip  
Banana  
Juice/Milk | Cali Burrito  
or  
Chicken Ranch Salad  
Broccoli Florets w/dip  
Pinto Beans  
Orange  
Juice/Milk | Minimum Day  
Sack Lunch | |

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| Cheeseburger  
or  
Chicken Caesar Salad  
Carroteenies w/dip  
Mixed Fruit  
Juice  
Milk | Chicken smackers and fries  
or  
Taco Salad  
Corn Salad  
Cucumber Slices w/dip  
Fresh Apple  
Juice/Milk | Meatball Calzone  
Turkey Sub Sandwich Box  
Romaine Salad  
Carroteenies w/dip  
Banana  
Juice/Milk | Nachos w/ Taco Meat  
or  
Bean and Cheese Burrito  
Carroteenies w/dip  
Peaches | Grilled Cheese Sandwich  
or  
Bean and Cheese Burrito  
Carroteenies w/dip  
Peaches  
Juice/Milk |

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| Pizza  
Carroteenies w/dip  
Apple  
Juice  
Milk | Chicken Ranch Calzone  
Carroteenies w/dip  
Orange  
Juice  
Milk | Thanksgiving  
Recess | Thanksgiving  
Recess | Thanksgiving  
Recess |

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**Warning:** Our School food facilities offer products with peanuts, tree nuts, soy, milk, eggs and wheat. For students with food allergies, we offer a variety of foods which are intended to be free of these ingredients. While we take steps to minimize the risk of cross contamination, we cannot guarantee that any of our products are safe to consumers with peanut, tree nut, soy, milk, egg or wheat allergies. Consumers with severe allergies should consume food items with caution.