BULLDOG NEWS

School Happenings

May 15—19
Teacher Appreciation Week

May 19
JA Spring Play

May 25
Kindergarten Spring Play

May 26—May 30
Spring Break

June 5-9
6th Grade Camp

June 8-9
3rd Grade Lions, Tigers and Bears

June 8-9
4th Grade Sacramento trip

June 16
Rad Dads Day

June 21
8th Grade Moving Up Ceremony

June 22
Last day of school

Looking for a School Bus Driver… Must have or be able to get a Class A or B license with a P and S endorsement. If interested in the job and don’t have the training, let us know. Recruiting now! Please send resume and references to francis.balko@lfcsinc.org

8th Grade at a Glance

June 12-15
Matriculation Days
Minimum days for 8th grade
ONLY

Friday, June 16th:
Banquet (Student’s only)
6:00—7:30 p.m. @ the JA

Monday, June 19th:
Ditch Day
(Knott’s Berry Farm)
7:30 am—7:00 pm

Tuesday, June 20th:
Field Day
12:00—3:15
After Moving Up Ceremony Practice

Moving Up Ceremony
Wednesday, June 21st
6:00 p.m.
(No school for 8th Graders)
Students need to arrive @ 5:30 p.m.

JA “Moana” School Play…
Friday, May 19th
See the attached flyer to Pre-Order your tickets for the Moana School Play.

Spring Break
Our Spring Break will be May 26th—May 30th. School will resume on Wednesday, May 31st.

Follow our LFCS Talks podcast…wherever you find your podcasts! This week is an interview with Thaiera Slim.

T-Shirt Fundraiser…
Order your child a T-Shirt and they can wear it on any day in June. See the attached flyer to order the shirt.
LFCS Registration Dates For NEW Students:

**Lottery** - May 16th Liberty @ 4:30

1st – 12th Grade – April 3rd– April 28th (CLOSED)

**Kindergarten** – February 27th – March 24th (CLOSED)

"Parents, our current School Accountability Report Card (SARC) is available as a link on the LFCS website's homepage or in hard copy through any of our campus offices."

**AFTER SCHOOL EVENTS:**

**PRIMARY ACADEMY:**

**TUESDAY**

KEYBOARD

**WEDNESDAY**

MAD SCIENCE

**JUNIOR ACADEMY:**

**WEDNESDAY**

UKULELE/GUITAR

**THURSDAY**

KEYBOARD

**AFTER SCHOOL EVENTS:**

**LIBERTY ACADEMY:**

**MONDAY**

KEYBOARD

**WEDNESDAY**

CHESS CLUB

**THURSDAY**

MAD SCIENCE

**AFTER SCHOOL EVENTS:**

**JUNIOR ACADEMY:**

**WEDNESDAY**

UKULELE/GUITAR

**THURSDAY**

KEYBOARD

**Year Book Sales**

Order your yearbook today!

[www.yearbookforever.com](http://www.yearbookforever.com)

or

Buy one in the Office

K-3rd - $24.00

4th – 8th - $34.00

**Prices go up on June 5th.**

**Follow us on**

Facebook and Twitter

at these links:

[https://www.facebook.com/LiteracyFirstCharter](https://www.facebook.com/LiteracyFirstCharter)

[https://twitter.com/Literacy_First](https://twitter.com/Literacy_First)

**Don’t forget to check out our website at**

[www.lfcsinc.org](http://www.lfcsinc.org)

For news and updates about what the Patriot Legacy Education Foundation is up to, follow us!

**Instagram**—PatriotLegacy

**Facebook**—Patriot Legacy ED Foundation

**LinkedIn**—Patriot Legacy Education Foundation
**Literacy First Charter Schools Calendar K-8**

**August 23, 2023 – June 13, 2024**

- 8:00 – 3:15 – Primary & Liberty Academy
- 8:10 – 3:25 – Junior Academy

Friday Half Day @ PA/LA 11:30, Friday Half Day @ JA 11:45
Extended Care M - Th, 5:30pm by lottery only

**Beginning of the Year ALL Parents K8 Orientation (parents only)**
All Literacy First Academies (LA, PA, JA) Students K8
August 16th – Parent Orientation, A-M, 5:00, N-Z, 6:15
All new families must attend.
Kindergarten Get Acquainted – August 18th - 3:30pm in their kinder classroom

### 2023 – 2024 Attendance Dates

#### Trimester – Beginning and Ending Dates

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<tr>
<th>Trimester</th>
<th>Beginning Date</th>
<th>Ending Date</th>
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<tr>
<td>1st Trimester</td>
<td>August 23</td>
<td>November 21</td>
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<td>2nd Trimester</td>
<td>November 27</td>
<td>March 8</td>
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<td>3rd Trimester</td>
<td>March 11</td>
<td>June 13</td>
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### H – Holidays and School Breaks

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<td>Labor Day</td>
<td>September 4, 2023</td>
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<td>Fall Break</td>
<td>October 30 – November 3, 2023</td>
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<td>Thanksgiving</td>
<td>November 22 – 24, 2023</td>
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<td>Christmas Break</td>
<td>December 20 – January 2, 2024</td>
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<td>Martin Luther King</td>
<td>January 15, 2024</td>
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<td>Winter Break</td>
<td>February 19 – 20, 2024</td>
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<td>March Madness</td>
<td>March 18, 2024</td>
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<td>Easter Break</td>
<td>April 1 – April 8, 2024</td>
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<td>Spring Break</td>
<td>May 27 – 28, 2024</td>
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<td>Last School Day</td>
<td>June 13, 2024</td>
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#### Conference Days

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<td>November 29 – December 1</td>
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<td>March 13 – 15</td>
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**All Fridays will be half days**

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<tr>
<th>6/13 &amp; 12/19 – Half Day</th>
<th>PA/LA 11:30</th>
<th>JA 11:45</th>
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**dismissal Times**

**Back to School Nights**

- LFCS LA: 9/5
- LFCS PA: 9/6
- LFCS JA: 8/29

**Spring Open Houses**

- LFCS LA: 3/19
- LFCS PA: 3/7
- LFCS JA: 3/12

**LFCS 8th Grade Shadow Days**


**LCHS Spring Showcase for 8th grade:** 1/11

**8th Grade Moving Up:** June 12
Summer Bulldog Shirt

Summer is here, Bulldogs! Purchase the 2023 Summer Bulldog shirt and help support 8th graders going to Washington, D.C. Students who purchase a shirt may wear it **ANY** day in June!

ORDER INFORMATION

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<thead>
<tr>
<th>NAME</th>
<th>CAMPUS</th>
<th>TEACHER</th>
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<td>JA</td>
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<th>PRICE PER SHIRT</th>
<th># OF SHIRTS ORDERED</th>
<th>TOTAL ENCLOSED</th>
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ORDER FORMS DUE MAY 16TH
Literacy First Kindergarten
Presents
“The Patriotism Project”

May 25th
6:30 pm at the Jr. Academy
1012 E. Bradley, El Cajon, 92020

A great evening of singing and learning about Patriotism in America.
You are welcome to join us.
Playtime, Downtime, and Family Time: PDF for Elementary-Aged Kids

Common-sense strategies for promoting children's health and well-being

The research is clear: children need playtime, downtime, and family time (PDF) every day for healthy development.

PLAYTIME
Play is so much more than simply having fun. Research suggests that play — especially when it is freely chosen, unstructured, and personally-directed — is linked to increases in children's cognitive skills, physical health, self-regulation, language abilities, social skills, and empathy.

PLAYTIME TIPS
- Protect unstructured playtime and allow children’s play to be self-directed.
- Make sure kids have regular (tech-free) playtime with other children.
- Encourage outdoor play and imaginary play.
- Allow children to solve challenges without adult interference.

DOWNTIME
Downtime is time set aside beyond structured activities or academics to relax, daydream, read, or just be. Research suggests that kids need downtime throughout the day for their physical and emotional health. Sleep is also an essential component of downtime.

DOWNTIME TIPS
- Build in time between school and any after school activities for snack and rest.
- Make sure kids get enough sleep (9–11 hours for K-5 children). Naps count!
- Avoid media 30–60 minutes before bedtime. Screen light affects sleep.
- Help children wind down with calm activities before bed (taking a bath or reading a story together).

FAMILY TIME
Family time creates a sense of connection and belonging. Research shows that when kids are part of a family unit that spends time together, they are more likely to feel supported, safe, and loved unconditionally, as well as have increased self-esteem and better academic outcomes.

FAMILY TIME TIPS
- Strive to gather the family for 20–25 minutes at least 5 times per week (family meals, outings, and game/movie nights all count).
- Unplug during meals, before bedtime, and during family activities.
- Build in time for family traditions and rituals.
- Involve kids in selecting, organizing, and doing family service projects or activities.